

Race Day: Packet Pick-Up only at
Central Park Middle School
8:00 a.m.-10:00 a.m.
"No Day of race 15k Registration"

Safety: Race route follows city streets that
are not entirely closed to vehicular
traffic. Certain streets may be under
construction or in disrepair. Stay Alert!
Course is not recommended for
wheelchairs. No headphones,
baby joggers or animals.
Race course closes after 2 hours.

Race History: The Stockade-athon is popularly
recognized as the oldest "major"
15k foot race in the country. A
comprehensive history of the race
is now available on our Website and
in a free program available at the
Holiday Inn Health Expo.

Course

Records: Jerry Lawson (1992) 44:39
Lori Hewig (1993) 51:34

Master

Records: Barry Brown (1984) 46:21
Lori Hewig (2002) 57:27

2004

Champions: Tom Dalton 48:59
Kara-Lynn Kerr 56:24

Age-graded: Ed Whitlock (99.03%) 58:57

Club Website: www.hmrrc.com
For current race information,
race history and on-line registration.

**Questions or
Volunteers:** E-Mail – hamletbryans@aol.com



Hudson Mohawk Road Runners Club
P.O. Box 12304
Albany, NY 12212

Join us on...
Sunday, November 13, 2005
at Central Park
Schenectady, New York

30th Annual Gazette STOCKADE-ATHON

A classic 15 K foot race through the historic Stockade
and 1 Mile Children's Run in Central Park

